



MILK THISTLE SEEDS

Botanical Name: *Silybum marianum*

Common Name: *Cardus marianus*, milk thistle, blessed milkthistle, Marian thistle, Mary thistle

Medicinal part: Seed

Description: Milk thistle (*Silybum marianum*) is a thorny plant presenting decorative leaves with a white pattern of veins and purple flower heads. The plant originates from mountains of the Mediterranean region, where it forms scrub on a rocky base. The leaves are oblong to lanceolate. They are either lobate or pinnate, with spiny edges. They are hairless, shiny green, with milk-white veins.



G·O·L·D·E·N
BOUGH

Golden Bough Botanicals Inc. has been a trusted wholesale supplier of premium quality herbs, spices and specialty teas since 1978. Our business has evolved to include organic herbs and spices, pure essential oils, organics pure essential oils, fragrance oil, cosmetic, candle and soap making ingredients and packaging supplies.

Golden Bough Botanicals Inc.

12 - 1585 Cliveden Avenue
Delta, BC V3M 6M1, Canada

Toll Free: 1-877-950.8700

www.goldenbough.ca